

## **Moundview Memorial Hospital & Clinics, Friendship** *Free clinic helps more than 100 area residents in one day*

“I didn’t know (the community) had some of these services and I’m glad I came because I’ve been out of a job for two years,” said one participant. “This is a wonderful service. I received a lot of paperwork and signed up for services I needed,” said another individual. A woman who attended with her family said she “liked the family portraits and car seat checks.” “I got the first massage of my whole entire life,” said a 69 year old participant.



*Free health care checkups were available at the event. Pictured is Dr. Ricardo Almonte of Moundview Clinic, one of four health care providers who participated in the event.*

A “Free Community Wellness Clinic” was held in early October 2010 from 8 a.m. – noon at the Adams-Friendship High School. Adams County’s Faith in Action organization sponsored the event which benefited area residents who lack proper access to health care and other services.

Staff at Moundview Memorial Hospital & Clinics came up with the idea for the free clinic after hearing about a similar one-day event held in Northern Wisconsin. Several Moundview employees helped plan the clinic, 22 employees volunteered the day of the event and four hospital providers provided free care.

Approximately 120 adults and children of all ages received services the day the free clinic was held. Many brought their entire family. Some of the services offered, such as dental and vision care, filled quickly.



*Some of the free clinic volunteers pose for a photo*

Over 100 volunteers, including 20 area businesses, provided free services to adults and children in our community who were in need of services such as health check-ups, dental care, vision, chiropractic, haircuts, food and clothing, birth to three

screenings, mental health, tetanus shots, blood pressure checks, financial assistance advice, medication questions, health care power of attorney information, “ask a nurse” area, one-on-one nutrition education, family portraits and more.

In addition, child care was provided and free car seat checks were offered. Workshops on dressing appropriately for interviews were available. And, guests could receive vouchers for free food and clothing.

“We are grateful to the many businesses and volunteers who donated their time and services to the community,” said Jeremy Normington, CEO at Moundview and one of the planning committee members. “We also appreciated those who made donations and the businesses who hosted collection sites for food and clothing. We plan to make this an annual event.”