MILWAUKEE, Sept. 26, 2006 — The Aurora Visiting Nurse Association of Wisconsin has scheduled its Shoo The Flu & Pneumonia Too! vaccination clinics for **Oct. 9 through Dec. 2**.

Hundreds of clinics will be held in community locations throughout eastern Wisconsin. No appointment is necessary. Shoo The Flu & Pneumonia Too! clinics offer vaccinations to people age 9 and up. **Children 9 through 17 must be accompanied by a parent.**

Medicare Part B and Medicaid cover the cost of flu and pneumonia vaccinations. For people not on Medicare or Medicaid, the charge is $25 for a flu shot and $40 for a pneumonia shot.

The Aurora VNA expects to receive its full supply of flu vaccine, which is arriving in gradual shipments. The initial shipments have been received, with further shipments arriving as the clinics proceed.

“A flu shot is the most effective way to protect yourself from influenza and its potentially dangerous complications. More than 36,000 deaths and 200,00 hospitalizations are caused by the flu each year,” said Lisa Taylor, RN, clinical coordinator for Aurora VNA.

A flu shot is highly recommended for:

- People age 65 and older
- People age 9 and older with a long-term health problem
- Pregnant women
- Health care workers and family members coming in close contact with people at risk of serious influenza
- Household contacts or out-of-home caretakers of infants age 0 months to 59 months
Shoo The Flu & Pneumonia Too! / Add one

A flu shot is recommended for:

- All healthy adults age 50-64 years old
- People who provide essential community services
- People living in residence halls or other crowded conditions
- People who travel to the Southern hemisphere between April and September or in organized tourist groups at any time
- Anyone who wants to reduce their chance of catching influenza

Since flu strains change from year to year, it is necessary to be vaccinated annually. All the viruses in the vaccine have been killed, so people cannot get the flu from a flu shot.

Pneumonia vaccinations also are available at the clinics. A pneumonia shot is recommended if you are 65 or older, or under 65 with chronic health conditions such as diabetes or heart or lung diseases. Usually, one dose of pneumococcal vaccine is recommended per lifetime. Certain individuals may benefit from an additional dose.

For more information about Shoo The Flu clinics, a full list of clinics is available online at www.Aurora.org/flu or call 1-800-548-7580.

The Aurora Visiting Nurse Association of Wisconsin is a not-for-profit agency that has been committed to keeping people independent in their homes since 1907. The Aurora VNA is the most comprehensive source of home care services in eastern Wisconsin. Aurora VNA is part of Aurora Health Care, a not-for-profit Wisconsin health care provider and a nationally recognized leader in efforts to improve the quality of health care.

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